

RINGWOOD State Park



Ringwood Manor Historic District

Shepherd Lake Day Use Area

Skylands Manor Historic District

Trail Blaze Symbols

Straight	Turn Left	Turn Right
Trail Start	Trail End	Trail Spur

Open Field or Grass	Cannonball Trail (0.6 mi)	Hoeflerlin Memorial Trail (2.5 mi)	Canoeing	Playground
Forest	Cooper Union Trail (4.7 mi)	Manor Trail (2.8 mi)	Canoe Rental	Restrooms
Developed Area	Crossover Trail (7 mi)	Mountain Bike Trail (6.2 mi)	Concession	Scenic View
Water	Crossover Spur Trail (0.2 mi)	Pierson Ridge Trail (1 mi)	Drinking Water	Shower
Wetland	Cupsaw Brook Trail (1.4 mi)	Ringwood-Ramapo Trail (5.1 mi)	Fishing	Swimming
	Five Ponds Trail (4.8 mi)	Rocky Mountain Connector (0.7 mi)	Garden	Tours
	Five Ponds Connector (0.7 mi)	Shepherd Lake Trail (1.2 mi)	Parking Lot	Visitor Center
	Halifax Trail (0.4 mi)	Shore Trail (1.8 mi)	Park Office	Visitor Contact Station
	Hasenclever Iron Trail (1.6 mi)	Skylands Trail (0.8 mi)	Picnic Area	
	Hewitt Connector (1 mi)	State Line Trail (0.6 mi)		

Rocky Mountain Connector

Red & silver • 0.65 miles (in Ringwood) • Multi-use
Easy • Access to Bear Swamp Lake

Trailhead Shore Trail. **Rocky Mountain Connector** connects Shore Trail along the east side of Bear Swamp Lake to Ramapo Valley County Reservation.

Shepherd Lake Trail

Orange • 1.2 miles • Multi-use
Easy • Loop on hillsides south of lake

Trailhead Ringwood-Ramapo Trail on south side of Shepherd Lake. **Shepherd Lake Trail** follows a wide gravel road along the lake edge, then turns uphill into the forest and returns along a woods road higher up on the hillside.

Shore Trail

Blue • 1.8 miles • Multi-use
Easy • Loop around Bear Swamp Lake

Trailhead Various points from trails near Bear Swamp Lake. **Shore Trail** follows along the edge of Bear Swamp Lake. Three trails provide access to Shore Trail: Hoeflerin (from north side), Cannonball (from south) and Rocky Mountain Connector (from east). The trail makes a complete loop around the lake.

Skylands Trail

Blue • 0.8 miles • Multi-use
Moderate • Short trail along hillside

Trailhead Mountain Bike Trail (north end) or Ringwood-Ramapo Trail (south end). **Skylands Trail** is a short trail that runs north-south along the broad ridgeline of Mount Defiance. The trail is mostly single-track as it winds among rock outcroppings scattered along the hillside.

State Line Trail

Orange • 0.6 miles • Multi-use
Moderate • Short trail leads into New York

Trailhead Ringwood-Ramapo Trail. **State Line Trail** heads north along Sloatsburg Road. At the north end of the park the trail intersects with Cooper Union Trail and crosses into New York state.

This brochure was funded by Federal Highway Administration's Recreational Trails Program through the New Jersey Department of Environmental Protection.

TRAIL SENSE AND SAFETY

Trail Markings: Official trails are marked by colored blazes on posts and trees. For your safety and habitat protection, please stay on the trails and do not alter trail markings or create new trails.

Preparations: Consider bringing water, snacks, sunscreen, insect repellent, and a hat. Dress for the weather. Tell someone where you plan to go and when you expect to return.

Hunting: Sections are open to hunting. Bright orange clothing is recommended during hunting season.

Pets: Pets must always be on a leash no longer than six feet in length and under the control of the owner at all times. Please clean up after your pets.

Keep It Clean and Green: Bring a bag or two and carry your trash out with you. Trash cans are not provided. Don't forget to recycle!

Bikers: Follow the IMBA "Rules of the Trail" guidelines for trail etiquette and yield appropriately. Helmets are required by law for children under 17 and recommended for all riders.

Bear Aware: Black bears are found throughout New Jersey. Do not approach or attract bears by making food available. Feeding bears is dangerous and illegal. Never run from a bear! To report an aggressive bear, call 1-877-WARN-DEP (1-877-927-6337) immediately. Please report any damage or nuisance behavior to the park office. Visit the New Jersey Division of Fish and Wildlife at www.njfishandwildlife.com for additional information on bear safety.

Emergency Numbers

1-877-WARN-DEP (1-877-927-6337) or 911



RINGWOOD STATE PARK
1304 Sloatsburg Road
Ringwood, NJ 07456
973-962-2240



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State of New Jersey
Department of Environmental Protection
Division of Parks and Forestry
State Park Service

TRAILS OF RINGWOOD STATE PARK

There are 18 official trails within the park, totaling nearly 40 miles. Many trails begin near Ringwood Manor, Skylands Manor, or Shepherd Lake, and extend into the park.

Each area has short trails that allow for exploration of these attractions, and longer trails that explore the surrounding area. Trails are well marked with colored blazes.

Cannonball Trail

Red • 0.6 miles (in Ringwood) • Multi-use
Moderate • Connects to Ramapo Mountain State Forest
Trailhead Shore Trail on south side of Bear Swamp Lake. **Cannonball Trail** travels south from Bear Swamp Lake and continues into Ramapo Mountain State Forest.

Cooper Union Trail

Yellow • 4.7 miles • Multi-use
Moderate • Leads to scenic view of Wanaque Reservoir
Trailhead Sloatsburg Road on north side of the park. **Cooper Union Trail** is a lollipop loop trail that begins approximately 0.5 miles north of Ringwood Manor on Sloatsburg Road. The trail heads south through forested hillsides. Near its southern end, the trail diverges to the left and right to make a loop. At the end of the loop, there is a scenic view of Wanaque Reservoir.

Crossover Trail

White • 7 miles • Multi-use
Moderate • Trail across park
Trailhead Parking area near Carriage Barn. **Crossover Trail** heads southeast across the park and ends at Cannonball Trail. Along the way, the trail passes by Skylands Manor and provides access to many other trails within the park. A short reroute of Crossover Trail north of Skylands Manor is under construction.

Cupsaw Brook Trail

Light blue • 1.4 miles • Multi-use
Moderate • Rocky trail follows creek drainage
Trailhead Cooper Union Trail. **Cupsaw Brook Trail** follows a small drainage downhill towards Cupsaw Lake. The trail heads east along the hillside

on single-track and then descends into a ravine. As the trail continues, it follows the creek drainage and joins Ringwood-Ramapo Trail for a short distance. Cupsaw Brook Trail ends when it meets Cooper Union Trail again.

Five Ponds Trail

Pink • 4.8 miles • Multi-use
Easy to Moderate • Long loop trail through Skylands area
Trailhead Skylands Parking Lot C. **Five Ponds Trail** follows mostly woods roads on a circuit of five of the Skylands area's ponds - Gatun, Brushwood, Weyble, Glasmere and Swan Pond.

Halifax Trail

Green • 0.4 miles (in Ringwood) • Hiking
Moderate • East-west trail across park
Trailhead Five Ponds Trail east of Glasmere Ponds. **Halifax Trail** is a hiking-only trail that crosses Ringwood in an east-west direction. The trail begins on single-track and ascends switchbacks to gain a ridgeline. As it continues east, Halifax Trail crosses numerous other trails and leads into Ramapo Valley County Reservation.

Hasenclever Iron Trail

Yellow • 1.6 miles (in Ringwood) • Multi-use
Easy • Cross country woods road explores history of iron works
Trailhead Ringwood Manor. **Hasenclever Iron Trail** follows an old woods road that connected the ironworking operations at Long Pond Ironworks State Park and Ringwood State Park. There are interpretive signs and waypoints along the trail that describe the history of iron work in the area.

Hewitt Connector Trail

White • 1 mile • Multi-use
Easy • Short loop trail
Trailhead Ringwood Manor parking lot past playground area. **Hewitt Connector Trail** links the parking lot with the north end of Manor Trail. The trail follows single-track and then widens to double-track as it meets with Manor Trail.

Hoeflerin Memorial Trail

Yellow • 2.4 miles (in Ringwood) • Multi-use
Moderate • Connects to Ramapo Mountain State Forest
Trailhead Numerous access points throughout the park. **Hoeflerin Memorial Trail** is a long trail connecting to Ramapo Mountain State Forest. The trail ascends from Bear Swamp Lake, reaches a ridgeline and turns south. Hoeflerin Memorial Trail continues south along a primary ridgeline between the Wanaque Reservoir (to the west) and Ramapo River (to the east).

Manor Trail

Blue • 2.8 miles • Multi-use
Easy • Short loop trail above Ringwood Manor
Trailhead Ringwood Manor. **Manor Trail** follows a mix of gravel road and single-track path past Sally's Pond and a colonial-era cemetery then loops through the forested hillside above Ringwood Manor.

Mountain Bike Trail

Brown & silver • 4.7 miles (in Ringwood) • Multi-use
Moderate • Loop trail on forest roads across varied terrain
Trailhead Ringwood - Ramapo Trail. **Mountain Bike Trail** is a long loop trail on a network of woods roads through the hilly landscape of Ramapo Mountain. The trail passes many small ponds as it makes its loop to return to Shepherd Lake.

Pierson Ridge Trail

Blue • 1 mile • Multi-use
Easy • Scenic forest road along ridgeline
Trailhead Halifax Trail (north end) or Ringwood - Ramapo Trail (south end). **Pierson Ridge Trail** follows a wide and flat woods road along a ridgeline until it intersects with Crossover Trail.

Ringwood - Ramapo Trail

Red • 5.1 miles (in Ringwood) • Multi-use
Moderate • Long trail to Ramapo Mountain State Forest
Trailhead Parking area near Ringwood Carriage Barn. **Ringwood-Ramapo Trail** leads from the northern section of Ringwood State Park towards the east, then south into Ramapo Mountain State Forest. The trail follows a mix of single-track path and forest roads.

Explore Trail Tracker
The Interactive Trails
Map of NJ State Parks



spstrailtracker.nj.gov